

**THE ALFRED UNIVERSITY CHILD AND FAMILY SERVICES CENTER (CFSC)**  
**6 Sayles Street, Alfred, NY 14802**  
**607-871-2229**

**HAS RE-OPENED FOR THE ACADEMIC YEAR 2019-2020**

**Child Clients (ages 3 - 18 years)**

**Counseling and Assessment**

**Behavioral problems, ADHD, Anxiety and Depression, Parenting Stress, Grief and Loss, Adjustment Problems, Learning Problems, Autism Spectrum Disorders, School Consultation**

**Wednesday - Thursday Afternoon/Evenings Fall Semester**

**Monday - Thursday Afternoon/Evenings Spring Semester**

**Adult Clients (18 years and older)**

**Counseling for Depression and Anxiety Disorders, Divorce and Relationship Issues, Behavioral Health Issues, Stress Management**

**Monday - Tuesday Afternoon/Evenings Spring Semester**

- The CFSC is a professional training clinic run by the graduate Division of Counseling and School Psychology. Clinicians are masters- and doctoral-level graduate students who are supervised onsite by NYS licensed mental health counselors and NYS licensed psychologists.
- The CFSC provides individual counseling for all ages, as well as family therapy, play therapy, marriage counseling, and group counseling. Additionally, evaluation services are available for children and adolescents in the following areas: psycho-educational, behavioral, ADHD, developmental delays, and autism spectrum. We also provide school consultation services.
- Child services are provided through a family-based approach that involves both parents and children. Since we use a team approach to treatment, we can meet individually with several family members at the same time.
- Fees for services are determined on a sliding scale based on the number of family members and annual income; only one fee is charged per session regardless of the number of family members attending. Fee ranges are minimal and can be negotiated. Clients with Medicaid or NYS Child Health Plus are not charged a fee. We do not accept insurance.
- We do not provide services for individuals with severe mental illness, such as schizophrenia or severe bipolar disorder, and we do not offer psychiatric services or medication management services. Our counseling services for adults are short-term, in the spring semester only.

**For further information, or to schedule an appointment, please call the CFSC at 607-871-2229. Some brochures and cards are enclosed. Please share these with individuals who may be interested in our services.**

Sincerely,  
Jay Cerio, Ph.D., Director